

DEMONSTRATING PRESENCE IN A WORLD OF DIGITAL DISTRACTIONS

August 10, 2025

Dangers of Digital Distractions:

1. Digital distractions waste
Ephesians 5:15-16 ESV
2. Digital distractions bring greater
for
Mark 7:20-23
3. Digital distractions promote a false sense of
and
Galatians 1:10
4. Digital distractions hinder the growth of verbal communication
and conflict
lames 1:10

How Can I Demonstrate Presence?

1. Remove all digital distractions and be physically and mentally in the present.	
Mark 10:1-15; Luke 10:38-42	
2. Stop seeking artificial, onlineothers with genuine, in-person Mark 10:16; Romans 12:9-10	and bless
Stop using digital distractions as a communication and say what you need to say with a face-to-face	
Ephesians 4:29	
How to receive forgiveness from God:	
 Admit that you have sinned against God and others. Believe that Jesus Christ is the Son of God and died for you on the cross. Commit to following Jesus Christ all the days of your life! 	
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