

THE
BOOK
OF

Ephesians

Week 6: Chapter 5, part 2

Ephesians 5:21-27

²¹ [SUBMIT TO](#) one another out of reverence for Christ.

[GO FIRST](#) in letting others [GO FIRST](#).

²²Wives, submit yourselves to your own husbands as you do to the Lord. ²³For the husband is the head of the wife as Christ is the head of the church, his body, of which he is the Savior. ²⁴Now as the church submits to Christ, so also wives should submit to their husbands in everything.

²⁵Husbands, love your wives, just as Christ loved the church and gave himself up for her ²⁶to make her holy, cleansing her by the washing with water through the word, ²⁷and to present her to himself as a radiant church, without stain or wrinkle or any other blemish, but holy and blameless.

Ephesians 5:31-32

³¹“For this reason a man will leave his father and mother and be united to his wife, and the two will become one flesh.” ³² is a profound mystery—but I am talking about Christ and the church.

2 Corinthians 11:23-26, 28-29

²³For I received from the Lord what I also passed on to you: The Lord Jesus, on the night he was betrayed, took bread, ²⁴and when he had given thanks, he broke it and said, “This is my body, which is for you; do this in remembrance of me.”

²⁵In the same way, after supper he took the cup, saying, “This cup is the new covenant in my blood; do this, whenever you drink it, in remembrance of me.”

²⁶For whenever you eat this bread and drink this cup, you proclaim the Lord’s death until he comes.

²⁸Everyone ought to examine themselves before they eat of the bread and drink from the cup. ²⁹For those who eat and drink without discerning the body of Christ eat and drink judgment on themselves.

How to receive forgiveness from God:

- 1) Admit you, like everyone else, need a new life in Jesus.
- 2) Ask God to forgive your sins by the sacrifice of Jesus.
- 3) Receive new life from God by trusting in Jesus as your Savior & Lord.

You can do that now by simply talking to God in a prayer like this:

Dear Lord Jesus, I know I am a sinner, and I ask for your forgiveness. I believe you died for my sins and rose from the dead. Today, I receive you as my Savior; and I put my faith in you as my LORD. Help me to live for you all the days of my life. In your name, Amen.

If you chose to follow Jesus today, text “FAITH” to 309-250-2007 to receive additional information about next steps in following Jesus.

For Further Reflection:

Read the Scriptures on the other side of this Guide.

Much of the book of Ephesians is redirecting the assumptions, understandings, and patterns of the reader/hearer.

:: What assumptions, understandings, or patterns in your own life has God used this series to cause you to examine? What is your next step in processing that more deeply?
:: How did the Scriptures from the weekend highlight an area where God might want to bring some fresh perspective for you and your relationships?

Ephesians 5:21 anchors our submission to each other in our reverence for Christ.

:: Why do you think it is significant here?

:: The term for “reverence” can also be read as **fear**—recognition of the great power and authority of Jesus—how does this inform how you read and apply this passage?

Pastor Jeremiah said, “In Jesus’ name, we are meant to elevate the voices of those who are otherwise forgotten, ignored, or too-quickly dismissed.”

:: What are some areas in your circles of community that came to mind where you see a need for this?

:: What is a small way you can elevate someone else’s voice there in the week ahead?

We were asked, “How are you going first in love and sacrifice?”

:: What was your answer to that question?

:: Invite someone to pray specifically for you as you respond and “go first.”

Unless otherwise noted, today’s Scripture is from New International Version [NIV].

Pastor Jeremiah X. Gómez (@jxgomez) – March 6, 2022

Watch this message and other recent messages online at heritageqc.com/watch

Mark Your Calendars – Easter Weekend Services

GOOD FRIDAY | April 15th @ 5pm & 7pm

Bridgepointe 485 – Communion Service & Stations of the Cross Experience

EASTER SUNDAY | April 17th

8am & 10am - Bettendorf Campus

9am & 11am - Rock Island Campus

How are you going first in [LOVE](#) and [SACRIFICE](#) ?