



# Ephesians

Week 5: Chapter 5

## Ephesians 5:18b

Instead, be \_\_\_\_\_

Holy Spirit in Ephesians: 1:13-14; 3:16-17; 4:3, 23, 30

A Spirit-filled life... is filled with Christ-like \_\_\_\_\_

## Ephesians 4:31-5:2

*“Get rid of all bitterness, rage, anger, harsh words, and slander, as well as all types of evil behavior. Instead, be kind to each other, tender-hearted, forgiving one another, just as God through Christ has forgiven you. Imitate God, therefore, in everything you do, because you are his dear children. Live a life filled with love, following the example of Christ. He loved us and offered himself as a sacrifice for us, a pleasing aroma to God.”*

A Spirit-filled life... walks in the \_\_\_\_\_ of Christ

## Ephesians 5:8-9

*8For once you were full of darkness, but now you have light from the Lord. So live as people of light! 9For this light within you produces only what is good and right and true.*

A Spirit-filled life... prioritizes \_\_\_\_\_ and \_\_\_\_\_

## Ephesians 5:18-20

*18 Don't be drunk with wine, because that will ruin your life. Instead, be filled with the Holy Spirit, 19 singing psalms and hymns and spiritual songs among yourselves, and making music to the Lord in your hearts. 20 And give thanks for everything to God the Father in the name of our Lord Jesus Christ.*

## Ephesians 5:14

*Awake, O Sleeper  
Rise up from the dead,  
And Christ will give you light.*

## How to receive forgiveness from God:

- 1) Admit you, like everyone else, need new life in Jesus.
- 2) Ask God to forgive your sins by the sacrifice of Jesus.
- 3) Receive new life from God by trusting in Jesus as your Savior & Lord.

## **You can do that now by simply talking to God in a prayer like this:**

*Dear Lord Jesus, I know I am a sinner, and I ask for your forgiveness. I believe you died for my sins and rose from the dead. Today, I receive you as my Savior; and I put my faith in you as my LORD. Help me to live for you all the days of my life. In your name, Amen.*

**If you chose to follow Jesus today, text “FAITH” to 309-250-2007 to receive additional information about next steps in following Jesus.**

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### **For Further Reflection:**

*\*Read through the 'Holy Spirit' passages that are provided on the note guide.*

*-What speaks to you about Holy Spirit's role in your life?*

*-What encouraged you as you read these verses?*

*\*Talk through the implications of being filled and fueled by Christ-like love.*

*-How is this counter-cultural?*

*-What are some tangible ways you can demonstrate love this week?*

*\*Review verses 8-10.*

*-What are the different ways that the light of Christ can help us remain faithful?*

*-Are there a few best practices for remaining in the light of Jesus?*

*\*Pastor Josh mentioned the importance of prioritizing worship and gratitude.*

*-Why do you think this is important?*

*-How might a grateful heart help counter some of the examples of darkness*

*Paul gives earlier in the chapter (ex: greed).*

*\*What are some other 'proofs' of Holy Spirit living?*

*\*What are some ways that you can leverage the season of Lent to help in your pursuit of the things of Jesus?*

Unless otherwise noted, today's Scripture is from New Living Translation [NLT].

Pastor Josh Howard (@joshhoward77) & Michaela Colbrese, Family Life Resident – February 27, 2022

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