

# ↑ Look up



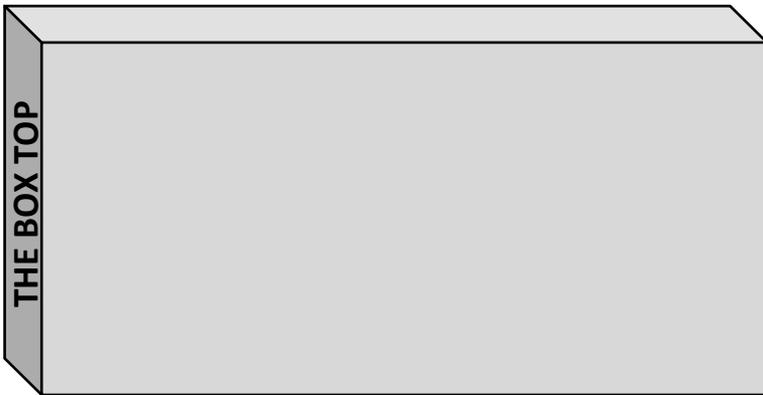
## **Psalm 121:1-2 (NIV)**

*A song of ascents.*

*<sup>1</sup> I lift up my eyes to the mountains—  
where does my help come from?*

*<sup>2</sup> My help comes from the Lord,  
the Maker of heaven and earth.*

**Prayer isn't about prayer;  
it's about PRESENCE.**



## **John 14:15, 21 (NIV)**

*<sup>15</sup> "If you love me, keep my commands.*

*<sup>21</sup> "Whoever has my commands and keeps them is the one who loves me. The one who loves me will be loved by my Father, and I too will love them and show myself to them."*

**In Jesus, we find a LOVE  
we never have to question.**

## **Psalm 34:4-5 (NIV)**

*<sup>4</sup> I sought the Lord, and  
he answered me;  
he delivered me from all  
my fears.*

*<sup>5</sup> Those who look to him  
are radiant;  
their faces are never  
covered with shame.*

## How to begin LOOKING to Jesus as Lord:

- 1) Look BACK: Admit you, like everyone else, need new LIFE in Jesus.
- 2) Look WITHIN: Ask God to forgive your sins by the sacrifice of Jesus.
- 3) Look AHEAD: Receive new LIFE from God by trusting in Jesus as your Savior & Lord.

You can do that right now by simply talking to God in a prayer like this:

**Dear Lord Jesus, I know I am a sinner, and I ask for Your forgiveness. I believe You died for my sins and rose from the dead. Today, I receive you as my Savior; and I put my faith in you as my LORD. Help me to live for you all the days of my life. In Your name, Amen.**

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## For Further Reflection:

- :: What is one way you've sought to look to Jesus in this unique season? What happened as a result?
- :: Share how you, or someone you know, has experienced the presence of God.
- :: Pastor Shawn shared how we can look to Jesus as we know, love, trust and obey. What part of that process is easiest for you? What is the hardest part?
- :: Read John 14:15-21.
  - :: What does Jesus say about love & obedience?
  - :: What are some practical implications of what he says?
  - :: What does it look like to demonstrate love and obedience in daily life?
- :: What part of Hannah's story was most meaningful to you? Why?
- :: What is one thing you can do this week to LOOK UP and experience Jesus and his love more fully?
- :: Ask someone you trust to pray for you as you seek to take that next step.

Unless otherwise noted, today's Scripture is from the New International Version [NIV].

Shawn Cossin (@shawncossin)– April 25 & 26, 2020

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