

Joy Unspeakable

Sounds of the Season

Week 1 - Hear

"In the beginning the Word already existed. The Word was with God, and the Word was God." – John 1:1

God is always [SPEAKING](#).

How do we enhance our spiritual hearing?

Matthew 1:18-25

"This is how Jesus the Messiah was born. His mother, Mary, was engaged to be married to Joseph. But before the marriage took place, while she was still a virgin, she became pregnant through the power of the Holy Spirit. Joseph, to whom she was engaged, was a righteous man and did not want to disgrace her publicly, so he decided to break the engagement quietly. As he considered this, an angel of the Lord appeared to him in a dream. 'Joseph, son of David,' the angel said, 'do not be afraid to take Mary as your wife. For the child within her was conceived by the Holy Spirit. And she will have a son, and you are to name him Jesus, for he will save his people from their sins. All of this occurred to fulfill the Lord's message through his prophet: 'Look! The virgin will conceive a child! She will give birth to a son, and they will call him Immanuel, which means 'God is with us.' When Joseph woke up, he did as the angel of the Lord commanded and took Mary as his wife. But he did not have sexual relations with her until her son was born. And Joseph named him Jesus."

Psalm 46:10

“Be still and know that I am God.”

STILLNESS slows us down and improves our ability to hear.

Stillness Ideas

Embrace **SILENCE**.

Start with **BEING** rather than **DOING**.

Lean into Advent.



Notes:

For
Unto
us a
CHILD
is born
Unto us a Son
is given, and the
Government shall be
Upon His shoulders,
and His Name shall be called,
Wonderful, Counselor,
Mighty God, Everlasting Father,
Prince of Peace!
Isaiah 9:6



heritageqc.com



/heritageqc



heritageqc

How to start a relationship with God:

- 1) Admitting that you, like everyone, are in need of rescue.
- 2) Asking God to forgive your sins.
- 3) Saying YES to God by trusting Jesus as Savior & Lord.

You can do that right now by simply talking to God in a prayer like this:

Dear Lord Jesus, I know I am a sinner, and I ask for Your forgiveness. I believe You died for my sins and rose from the dead. Today, I receive you as my Savior; and I put my faith in you as my LORD. Help me to look to you and follow you all the days of my life. In Your name, Amen.



For Further Reflection:

What are the various ways that God has spoken and continues to speak to us?

Reflect upon Matthew 1:18-25. As it relates to hearing and then obeying, what are some of the things we can learn from Joseph in this situation?

Prayerfully consider the statement found in Psalm 46:10. Why do you think stillness is important to hearing from and knowing God?

Pastor Josh mentioned the importance of silence as a form of stillness? What are some of the benefits of silence? What are some different forms of silence? (Example: not just auditory silence, but also how can we help our soul find spaces of silence?) What is one tangible form of silence that you could pursue this week?

Pastor Josh mentioned the importance of starting from a place of 'being' rather than a place of 'doing': What are the dangers of starting from a place of 'doing'? How might starting from a place of 'being' help us move towards stillness?

How might the observance of the Advent season help us slow down? Pastor Josh mentioned the core theme of waiting. How does the idea of waiting help us hear from God?

What is one key 'spiritual hearing' practice or takeaway that you can implement in the next week?