



WEEK 2 – Jonah

Obedience is demonstrated in MOMENTS but defined over a LIFETIME.

Jonah 1:1-3

*The word of the Lord came to Jonah son of Amittai: ²“Go to the great city of Nineveh and preach against it, because its wickedness has come up before me.”
³But Jonah ran away from the Lord and headed for Tarshish. He went down to Joppa, where he found a ship bound for that port. After paying the fare, he went aboard and sailed for Tarshish to flee from the Lord.*

God PURSUES us.

Jonah 1:4-6

*Then the Lord sent a great wind on the sea, and such a violent storm arose that the ship threatened to break up. ⁵All the sailors were afraid and each cried out to his own god. And they threw the cargo into the sea to lighten the ship.
But Jonah had gone below deck, where he lay down and fell into a deep sleep.⁶ The captain went to him and said, “How can you sleep? Get up and call on your god! Maybe he will take notice of us so that we will not perish.”*

Ezekiel 34:11-12, 16a

“For this is what the Sovereign Lord says: I myself will search for my sheep and look after them. ¹²As a shepherd looks after his scattered flock when he is with them, so will I look after my sheep... ¹⁶I will search for the lost and bring back the strays.

God uses our BROKENNESS to draw us back to Him.

Jonah 1:12, 17

“Pick me up and throw me into the sea,” he replied, “and it will become calm. I know that it is my fault that this great storm has come upon you.” ...

¹⁷ Now the Lord provided a huge fish to swallow Jonah, and Jonah was in the belly of the fish three days and three nights.

Proverbs 3:11-12

My son, do not despise the Lord’s discipline, and do not resent his rebuke, ¹² because the Lord disciplines those he loves, as a father the son he delights in.

Jonah 2:9-10

But I, with shouts of grateful praise will sacrifice to you. What I have vowed I will make good. I will say, ‘Salvation comes from the Lord.’”

¹⁰ And the Lord commanded the fish, and it vomited Jonah onto dry land.

Faithfulness unleashes God’s [POWER](#).

Jonah 3:5, 10

⁵ The Ninevites believed God. A fast was proclaimed, and all of them, from the greatest to the least, put on sackcloth. ..¹⁰ When God saw what they did and how they turned from their evil ways, he relented and did not bring on them the destruction he had threatened.

Jonah 4:11

And should I not have concern for the great city of Nineveh, in which there are more than a hundred and twenty thousand people who cannot tell their right hand from their left—and also many animals?

SO WHAT?



Ephesians 2:8-9

For it is by grace you have been saved, through faith—and this is not from yourselves, it is the gift of God—⁹ not by works, so that no one can boast.

NOTES:

How to start a relationship with God:

- 1) Admitting that you, like everyone else, are in need of rescue.
- 2) Asking God to forgive your sins.
- 3) Saying YES to God by trusting Jesus as Savior & Lord.

You can do that right now by simply talking to God in a prayer like this:

Dear Lord Jesus, I know I am a sinner, and I ask for Your forgiveness. I believe You died for my sins and rose from the dead. Today, I receive you as my Savior; and I put my faith in you as my LORD. Help me to look to you and follow you all the days of my life. In Your name, Amen.

For Further Reflection:

- :: Share one thing God has been teaching/re-teaching you in this series of conversations.
- :: What about this weekend's message impacted or surprised you? Why?
- :: Pastor Justin said, Obedience is demonstrated in moments but defined over a lifetime. What do you think this means?
- Take a moment to reflect on Jonah's story (You can read it in Jonah 1-4):
- :: Like Jonah, have there been moments in your life where you sensed God asking you to do something you didn't want? What did you do? What happened?
- :: How have you or someone you love experienced God working through brokenness to draw them back to Himself?
- :: Share a time in which you've seen God's power on display as a result of someone's faithfulness?
- :: Re-read Ephesians 2:8-9. How do you see this same grace expressed in Jonah's story?
- :: Identify one way Holy Spirit is asking you to respond to this weekend's message.
- :: Share this with one person and ask them to pray for and hold you accountable.

Unless otherwise noted, today's Scripture is from the New International Version [NIV].

Justin Barnes (@justinnbarnes) – June 8 & 9, 2019

Watch this message and other recent messages online at heritageqc.com/watch

Friends -

Thank you for the prayers and support you have given generously in response to the flooding at our BridgePointe 485 facility. As we continue to work with our insurance company to address the impact of this unprecedented event, we have continued to collaborate with work crews to recover and prepare the facility for restoration. At the same time, we have also reinforced our existing mitigation and coordinated with local officials to prepare adjoining properties for future crests.

As we continue forward, here's how you can help today:

PRAY

- For those impacted by this flooding—those in our cities and all along the Mississippi as they move towards recovery.
- For forecasted rain and river levels to be minimized.
- For safety for the crews who continue to work at BridgePointe.

GIVE

- Text: Simply text the word FLOOD and the amount you want to donate to 309.517.0680 (i.e. "FLOOD 50" to give \$50).
- Online: Go to heritageqc.com and click the RED banner to access the DONATE NOW button and complete your gift.

RALLY

Thanks to many of you who participated in our first "Rally Day" clean up opportunity at BridgePointe. We got a lot done thanks to your efforts. Our next opportunity to Rally Together at BridgePointe for continued restoration efforts will be Saturday, June 15th 9am-12pm. Sign-ups for teams are available online at heritageqc.com!



LOCAL CHURCH CONFERENCE RESULTS

We want to say thank you for all who participated in the voting last weekend. Here are the results:

- Budget – approved with 98% affirmation.
- We also affirmed Betsey Morthland and Kelan Wells as the newest members of the Local Board of Administration [LBA].
- All delegates for our Great Lakes Region conference were affirmed.



heritageqc.com



[/heritageqc](https://www.facebook.com/heritageqc)



[heritageqc](https://www.instagram.com/heritageqc)