

Psalm

PRAYERS OF THE HEART

Week 6

Psalm 91:1-2 [Author: Anonymous]

- ¹ *Whoever dwells in the shelter of the Most High
will rest in the shadow of the Almighty.*
- ² *I will say of the Lord, "He is my refuge and my fortress,
my God, in whom I trust."*

Psalms give us reasons to [CLING](#).

Psalms give us reasons to [RELEASE](#).

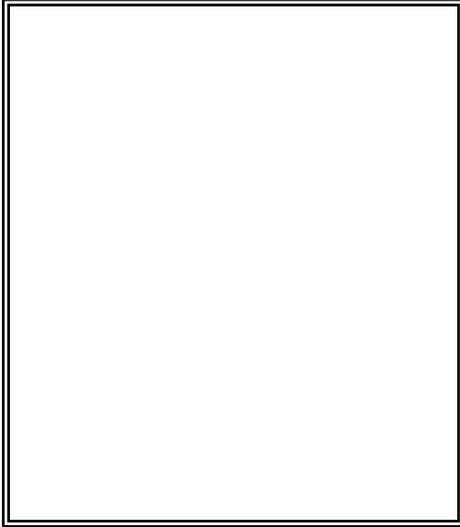
Psalm 91:3-13

- ³ *Surely he will save you
from the fowler's snare
and from the deadly pestilence.*
- ⁴ *He will cover you with his feathers,
and under his wings you will find refuge;
his faithfulness will be your shield and rampart.*
- ⁵ *You will not fear the terror of night,
nor the arrow that flies by day,
⁶ nor the pestilence that stalks in the darkness,
nor the plague that destroys at midday.*
- ⁷ *A thousand may fall at your side,
ten thousand at your right hand,
but it will not come near you.*
- ⁸ *You will only observe with your eyes
and see the punishment of the wicked.*
- ⁹ *If you say, "The Lord is my refuge,"
and you make the Most High your dwelling,*
- ¹⁰ *no harm will overtake you,
no disaster will come near your tent.*
- ¹¹ *For he will command his angels concerning you
to guard you in all your ways;*

2 Thessalonians 3:3

*"But the Lord is faithful, and
he will strengthen you and
protect you from the evil
one."*

- ¹² they will lift you up in their hands,
so that you will not strike your foot against a stone.
- ¹³ You will tread on the lion and the cobra;
you will trample the great lion and the serpent.



Psalm 91:1 [ESV]
*He who dwells in the
shelter of the Most High
will abide in the shadow of
the Almighty.*

John 15:5
*“I am the vine; you are the
branches. If you [abide] in
me and I in you, you will
bear much fruit; apart from
me you can do nothing.”*

Remind us what IS in whatever IS.

SO WHAT?

Psalm 91:14-16 [ESV]

- ¹⁴ “Because he holds fast to me in love, I will deliver him;
I will protect him, because he knows my name.
- ¹⁵ When he calls to me, I will answer him;
I will be with him in trouble;
I will rescue him and honor him.
- ¹⁶ With long life I will satisfy him
and show him my salvation.

:: Jesus is our SHELTER.

:: Jesus is our DELIVERER.

NOTES:



***“We are not asked to believe the Bible,
but to believe the one whom the Bible reveals.” - Oswald Chambers***



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Now What? [For Further Reflection]:

- :: Take a moment to pray and ask God to speak to you through His Word today.
 - :: Read Psalm 91.
 - :: What initially stands out to you in this psalm?
 - :: What does this psalm tell us about who God is and how He works?
 - :: Discuss how verses 1-2 connect with verses 14-16.
 - :: What are some tangible examples of how we “dwell [live] in the shelter of the Most High” in our daily lives? [ref. v.1-2, 14-16]
 - :: Identify a time in your life when you faced a hardship, difficulty or trouble.
 - :: What happened? How did you see God work/move in that situation?
 - :: What made it difficult to live in the shelter and shadow of God during that time? What made it easy?
 - :: In hindsight, what would/could you do differently in light of what you read in Psalm 91 today?
 - :: Read John 15:1-8. Throughout his life, Jesus repeatedly drew a connection between remaining/abiding in him & our ability to endure hardship, bear fruit, etc.
 - :: What are the implications of not remaining/abiding in Him?
 - :: How have you seen that play out in your life or others?
 - :: What is one thing you can do this week to more fully “abide” in Jesus?
 - :: Share that with at least 1 person and ask them to pray for you as you do it.
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How to become start a relationship with God:

- 1) Admitting that you, like everyone else, are in need of rescue.
- 2) Asking God to forgive your sins.
- 3) Saying YES to God by trusting Jesus as Savior & Lord.

You can do that right now by simply talking to God in a prayer like this:

Dear Lord Jesus, I know I am a sinner, and I ask for Your forgiveness. I believe You died for my sins and rose from the dead. Today, I recognize you as Savior; and I choose to respond to you as my Risen LORD. Help me to remain under the shelter of Your wings in all I do. In Your name, Amen.

Unless otherwise noted, today's Scripture is from the
New International Version [NIV].
Shawn Cossin (@shawncossin) – August 4 & 5, 2018

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