

# Psalm

## PRAYERS OF THE HEART

### Week 8

**Psalms:** [Greek]

*psalmoi* – "instrumental music"  
*psalmos* – "song for the harp"

[Hebrew] *tehillim* – "praises"  
[Hebrew] *tephillot* – "prayers"

**A Collection of Collections**

Book 1 (Psalms 1–41)  
Book 2 (Psalms 42–72)  
Book 3 (Psalms 73–89)  
Book 4 (Psalms 90–106)  
Book 5 (Psalms 107–150)

### **Psalm 150**

<sup>1</sup> Praise the Lord.

*Praise God in his sanctuary;  
praise him in his mighty heavens.*

<sup>2</sup> Praise him for his acts of power;  
*praise him for his surpassing greatness.*

<sup>3</sup> Praise him with the sounding of the trumpet,  
*praise him with the harp and lyre,*

<sup>4</sup> *praise him with timbrel and dancing,  
praise him with the strings and pipe,*

<sup>5</sup> *praise him with the clash of cymbals,  
praise him with resounding cymbals.*

<sup>6</sup> *Let everything that has breath praise the Lord.  
Praise the Lord.*

**halal Yahh**

[*halelu-yah*]  
praise ye the  
LORD

**halal 'el**

[*halelu-el*]  
praise the  
strong God

:: God does what he **DOES**  
because He is who He **IS**.

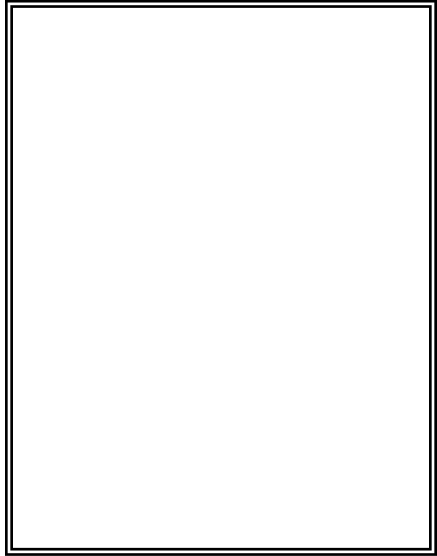
:: Who God is and what he does  
warrants **PRAISE**.

**:: God is most HONORED in us  
when we are most FULFILLED in Him.**

**1 Chronicles 16:4-11**

*<sup>4</sup> [David] appointed some of the Levites to minister before the ark of the Lord, to extol, thank, and praise the Lord, the God of Israel: <sup>5</sup> Asaph was the chief, and next to him in rank were Zechariah, then Jaaziel, Shemiramoth, Jehiel, Mattithiah, Eliab, Benaiah, Obed-Edom and Jeiel. They were to play the lyres and harps, Asaph was to sound the cymbals, <sup>6</sup> and Benaiah and Jahaziel the priests were to blow the trumpets regularly before the ark of the covenant of God.*

*<sup>7</sup> That day David first appointed Asaph and his associates to give praise to the Lord in this manner:*



***<sup>8</sup> Give praise to the Lord, proclaim his name;  
make known among the nations what he has done.***

***<sup>9</sup> Sing to him, sing praise to him;  
tell of all his wonderful acts.***

***<sup>10</sup> Glory in his holy name;  
let the hearts of those who seek the Lord rejoice.***

***<sup>11</sup> Look to the Lord and his strength;  
seek his face always.***

## **SO WHAT?**

**:: Is your praise most driven by problem, provision or PROXIMITY?**

**:: Because God's greatness is UNLIMITED, our praise can be as well.**

# NOTES:

Let  
Everything  
THAT HAS BREATH  
PRAISE THE LORD  
PSALM 150:6

*<sup>15</sup> Let the peace of Christ rule in your hearts, since as members of one body you were called to peace. And be thankful. <sup>16</sup> Let the message of Christ dwell among you richly as you teach and admonish one another with all wisdom through psalms, hymns, and songs from the Spirit, singing to God with gratitude in your hearts. [Colossians 3:15-16]*



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## Now What? [For Further Reflection]:

:: Take a moment to pray and ask God to speak to you through His Word today.

:: Share how our study in Psalms has helped you to worship and serve the Lord more joyfully and intentionally.

:: Read Psalm 150.

:: What initially stands out to you in this psalm?

:: Discuss what it means to praise God.

:: How have/do you most readily offer praise to God?

:: What are some other ways to praise him?

:: Identify some ways God has demonstrated His power in our world.

:: What are some things that reflect His greatness?

:: Pastor Shawn said, "Because God's greatness is unlimited, our praise can be as well."

:: What do you find most encouraging about that?

:: What are some of the implications of that reality?

:: What do you find particularly difficult about that reality?

:: Colossians 3:15-16 provides a clear call to a heart of gratitude, a posture of worship and a life of faithfulness.

:: What are some practices, habits or investments that position us to live that way?

:: Identify at least one specific thing you can do this week to live that kind of life.

:: Share that with at least 1 person who can pray for you and support you in it.

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## How to become start a relationship with God:

- 1) Admitting that you, like everyone else, are in need of rescue.
- 2) Asking God to forgive your sins.
- 3) Saying YES to God by trusting Jesus as Savior & Lord.

You can do that right now by simply talking to God in a prayer like this:

**Dear Lord Jesus, I know I am a sinner, and I ask for Your forgiveness. I believe You died for my sins and rose from the dead. Today, I recognize you as Savior; and I choose to respond to you as my Risen LORD. Be the lifter of my head and help me to look to You in all I do. In Your name, Amen.**

Unless otherwise noted, today's Scripture is from the New International Version [NIV].

Shawn Cossin (@shawncossin) – August 19, 2018

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